**Topic: Social Media Usage and its effect on College Students**

**Survey Questions**

1. How old are you?

* 17-18 years
* 19-20 years
* 21-22 years
* Over 22 years

1. What is your gender?

* Male
* Female
* Non-Binary
* Prefer not to say

1. How often do you use social media every day?

* Less than 1 hours
* Between 1-2 hours
* More than 2 hours

1. How often do you find yourself comparing the quality of your life to others on social media?

* Always
* Sometimes
* Never

1. Do you feel that social media has a positive impact on your social life?

* Always
* Sometimes
* Never

1. Do you feel that social media has a negative impact on your mental health?

* Always
* Sometimes
* Never

1. How often do you use social media to procrastinate on schoolwork or other responsibilities?

* Always
* Sometimes
* Never

1. Have you experienced FOMO (fear of missing out) from seeing other people’s social media posts/stories?

* Always
* Sometimes
* Never

1. What social media platform do you use the most?

* Instagram
* Facebook
* TikTok
* Snapchat
* Other

Thank you so much for your time and responses!